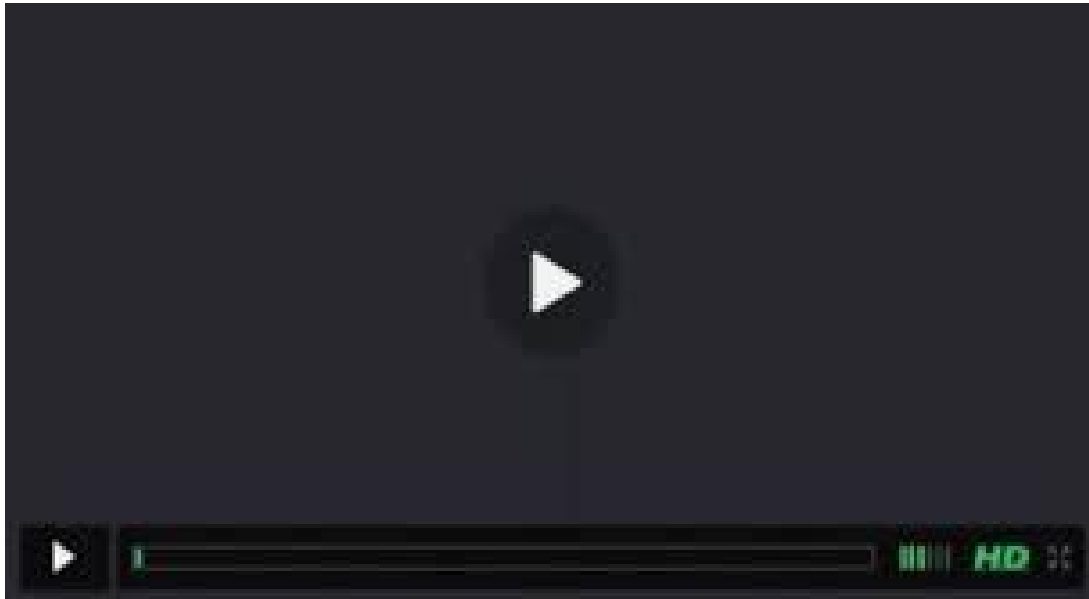


# !!~@[RELACJA NA ŻYWO]! Iran - Belgia na żywo Online| 21 czerwca 2026

Belgium competes live against Iran in Sports Illustrated Stadium action — All the context, highlights, and insights

**Last Updates: June 21, 2026**

We dive fully into the high-school gridiron battle. Belgium squares off with Iran in a [live](#) FIFA World Cup Football contest. We explore background, action, fan energy, tactics, and why this matchup matters. We bring clarity. We include context and real excitement. Let's unfold the drama.



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Doku out for Belgium against Iran

Belgium's Jeremy Doku will not play in his team's World Cup match against Iran on Sunday due to illness.

The Manchester City winger was ruled out Saturday by the Red Devils for the match at SoFi Stadium in the Los Angeles area.

Coach Rudi Garcia declined to comment at length on the condition of Doku, who is believed to have been fighting a respiratory problem for at least two weeks.

With every team in Group G treading water with one point each after the first set of matches, Belgium will be hoping for an easy win against Iran. But could the Middle Eastern side be hiding the next surprise result of the World Cup? Everything you need to know about where to watch Belgium vs. Iran is below, including multiple options to livestream it free from anywhere in the world.

The Belgium vs. Iran live stream will be shown on FS1 in the US, ITV1 in the UK, SBS in Australia, Tabii in Turkey, and more. All the links you need to access these channels are included below, and we can show you how to tune in to the free broadcasts from anywhere by bypassing international geo-restrictions with a VPN.

For more streaming details and match info for the whole tournament, make sure to check out our official where to watch the World Cup guide.

Where to watch Belgium vs. Iran: quick links

Unlock streaming from anywhere: NordVPN (try it risk-free for 30 days)

Australia: SBS On Demand (FREE)

Canada: TSN (fees apply)

Germany: ZDF (FREE) | Das Erste 1 (FREE)

Italy: Rai 1 (FREE)

Japan: DAZN (fees apply)

Spain: DAZN (fees apply)

Turkey: Tabii (FREE)

UK: ITV1 (FREE)

US: FS1

YouTube TV (free trial and save 18%)

Fubo (free trial)

Sling TV (From \$25/month)\*

Peacock (Spanish-language, from \$11/month)

When: Sunday, June 21 at 3 p.m. ET / 8 p.m. BST / 3 a.m. AWST (Mon)

\*Availability for local channels, like FOX, varies by market on Sling TV

See also: Where to buy World Cup tickets

Where to watch Belgium vs. Iran for free

There are some great options for a free livestream of Belgium vs. Iran. Our top English picks include SBS On Demand in Australia and ITV1 in the UK.

There's also an Arabic-language option via Tabii in Turkey, or Austria's ORF1 for German commentary, and Rai Play is streaming the game free in Italy.

You'll need to create a free account and sign in for these options, but that's it; no credit cards or other ID paperwork required.

If you're outside any of these countries and want to tune in for free as well, we can help you get around geo-restrictions below. We've tested the VPN servers again today for these channels and checked local TV guides to confirm the matches will be shown.

Valued

Your weekly guide to what's worth your money — and what's not.

Email address

Enter your email

Sign up

How to watch Belgium vs. Iran from anywhere

As you'll find throughout the 2026 FIFA World Cup, every game will be streaming for free somewhere in the world, as is the case today with the examples mentioned above. You can enjoy these options, even if you're not in one of the free broadcast countries, via the use of a VPN (virtual private network) to bypass geo-restrictions. This will also let you continue using your home streaming services while traveling overseas.

These easy-to-use VPN apps let you temporarily digitally alter the location of your device, like your laptop, phone, or streaming stick, to appear as if you were physically in another country, in addition to helping bolster your online security.

NordVPN is our top recommendation for unlocking international streaming services and for digital privacy, and it ranks as the best VPN I've personally tested - and plenty of other tech writers have ranked it #1, too. Nord's global servers are perfect for streaming the World Cup online from anywhere, and the 30-day money-back guarantee makes it a risk-free, affordable spend that you'll have plenty of use for beyond the World Cup.

There are free live streams available for every match of the World Cup. The channels can change game-to-game, but the simplest, most consistent options include SBS in Australia (every game) and BBC or ITV in the UK (every game between them). So it's worth using a VPN to access these streams internationally for the duration of the tournament.